

# Health and Safety Consultancy



## Specialist Safety & Health Training

Effective health and safety training alongside policy, procedures and risk assessments are the bedrock of health and safety. You do not always need to have specific stand alone health and safety training as you can incorporate it within your general workplace or role based training. There are however times when you do need to focus on specifics, and this is the time when IOH can deliver cost effective and relevant training to your employees.

IOH have assisted clients with training covering topics such as;

- Induction training
- Risk assessments
- COSHH assessments
- Work at Height
- Manual handling
- DSE
  - DSE assessments
  - DSE assessor training
- Fire training
  - Fire awareness,
  - Fire Warden training,
  - Evac Chair training
  - Personal Emergency Evacuation Plans (PEEPs)
- Management of Occupational Road Risk;
  - awareness and driver modification training
- Stress training;
  - Stress awareness training
  - Setting up and operating stress working groups
  - Implementing the HSE management standards
- Wellbeing training
- IOSH courses, e.g.;
  - IOSH Managing Safely
  - IOSH Working Safely
- Behavioural Safety
- NEBOSH courses, e.g.;
  - NEBOSH General Certificate
  - NEBOSH Diploma
  - NEBOSH Fire Certificate